

# EMPLOYMENT TRAINING

## CLASSROOM and SCHOOL-WIDE JOBS

- Understanding and practice the application and interviewing process
- Classroom AND school-wide jobs to support the learning community

## COURSE WORK 40 minutes/week

- Interest and skills inventories related to specific jobs and/or industries
- ALCOSAN WAVE Program (8<sup>th</sup> Grade) - instruction in workplace readiness, career development, problem solving and STEAM
- Career Education Class

## COMMUNITY INTEGRATION

- Career exposure field trips to a variety of work places
- Volunteerism opportunities

## WELLNESS

### HEALTH

80 minutes/week

- Understanding the relationship between fitness, nutrition and body image
- Personal hygiene
- Understanding major human body systems
- Understanding healthy relationships including sexuality

### SOCIAL EMOTIONAL LEARNING (SEL) MINDFULNESS

120 minutes/week – daily practice

- Understanding how the brain responds to stress
- Developing self-regulation strategies
- Setting goals
- Establishing positive relationships
- Making responsible decisions

## CREATIVE ARTS

ART, MUSIC, PHYSICAL EDUCATION, DAILY LIVING SKILLS, TECHNOLOGY  
40 minutes each/weekly

- Increase fine and gross motor skills
- Encourage creativity
- Gain an appreciation and understanding of the arts
- Develop a sense of fair play and sportsmanship
- Encourage life-long recreational/leisure activities

## ATHELETICS

### ORGANIZED SPORTS

- Opportunity for participation on the Pace Flag Football Team as part of the Western Pennsylvania Interscholastic Therapeutic League
- Develop a sense of fair play and sportsmanship

## ACADEMIC/FUNCTIONAL LIFE SKILLS

### ENGLISH LANGUAGE ARTS

90 minutes/day

- Emphasis on comprehension, vocabulary acquisition, making connections among ideas between texts focusing on textual evidence
- Writing a clear, focused text to convey a well-defined perspective

### MATH

40 minutes/day

- Solving real-world mathematical problems
- Reasoning abstractly and quantitatively
- Analyze and interpret data

### SCIENCE

40 minutes/day

- Asking questions, making observations about how things work
- Understanding energy and forces of nature
- Examining life, physical and earth/space content

### STEAM

40 minutes/week

Hands-on project-based learning integrating Science, Technology, Engineering, Art and Math

### SOCIAL STUDIES

160 minutes/week

- Understanding how historical events have shaped the world today
- Focus on United States and World History

### FUNCTIONAL SKILLS

- Activities of daily living and basic life skills (e.g., personal hygiene, knowing personal identifiable information, how to gain assistance) leading to greater independence
- Basic money management